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THURSDAY, OCTOBER 25, 2012

Upset stomach?

William Thomas may know the reason
Page 4

Harvest festival

Declared a success
Page 6

Knock out cancer

Stranges inspires students
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Cadets of Renown

Honours awarded
Page 19

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INPORT NEWS

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■ CULTURE CAPITAL: Niagara Nights of Arts

Roselawn rocks with All Hands on Deck

WAYNE CAMPBELL
InPort News Staff

PORT COLBORNE — Any concern co-ordinator Jeff Ballin had about All Hands On Deck dissolved quickly.

"You never know when you organize something like this," he said as he wandered around Roselawn Centre last Saturday, taking pictures and answering questions from visitors and volunteers.

All Hands On Deck, Port Colborne's version of Niagara Nights of Arts, went from morning through afternoon and into the night. From the opening minutes, a steady flow of children, young

people and older adults moved around the centre.

It was a collection of workshops throughout Roselawn featuring painters, drawers, sculpturers, printers, musicians, actors, singers and dancers. A cool, wet day encouraged visitors looking to stir their artistic desires. Ballin said it turned out just about right.

see **ALL HANDS ON DECK** | page 2

WAYNE CAMPBELL Staff Photo
Katryna Pickering reaches up to make an art piece during All Hands On Deck at the Roselawn Centre on Saturday.



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■ ALL HANDS ON DECK

Celebrating Niagara as a cultural capital

FROM PAGE 1

It wasn't so crowded that it discouraged people from trying to paint, mould or sculpt, yet there were more than enough to keep every booth busy, he said.

It also showed off the diverse uses of Roselawn.

Loraine Bertrand, who brought a two-year-old, said the day was very interesting with a lots for kids to see and do.

Rachel and Moriah Robinson have a mother-daughter day as they learned the fine points of drawing an eye with a pencil from artist Chris Summerhayes.

Cathy Peters of Shoreline Arts Studio said she had steady flow of children and a good mix of adults in her workshops.

It gave them a chance to see what art was about. The Port Colborne Operatic Society filled the stage with children and interacted with the audience as they rehearsed for the upcoming musical



Wayne Campbell Staff Photo
Rachel and Moriah Robinson have a mother-daughter day at All Hands On Deck artists workshops at Roselawn Centre Saturday. They learned how to draw eyes with pencil drawing from artist Chris Summerhayes.

Oliver.

Auditor William Thomas and Tribune columnist took to the stage in the evening.

Ballin said almost all the artists came from Port Colborne and Wainfleet showing the strength of arts in the community.

The Niagara Nights of Art is a series of arts programs being held in all 12 Niagara municipalities. It's funded by the federal government through the Culture Capital of Canada Program. This year Niagara and Calgary are considered cultural capitals.

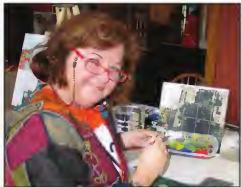
Final event in the Niagara series is in Welland on Saturday, Nov. 3.



Wayne Campbell Staff Photo
Harvey Rossman paints a square for a Port Colborne community canvas during All Hands On Deck, part of Niagara Nights of Art at Roselawn Centre Saturday.



Wayne Campbell Staff Photo
Caitlynn van Kralingen, left, and Hannah Masterson work with clay guided by Kelly Langley Davies of Small Hands Studio. It was one of the art workshops during All Hands On Deck, part of Niagara Nights of Art at Roselawn Centre Saturday.



Wayne Campbell Staff Photo
Gail Todd works on a Port Colborne community canvas during All Hands On Deck, part of Niagara Nights of Art at Roselawn Centre Saturday.

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■ WAINFLEET NIGHTS OF ART



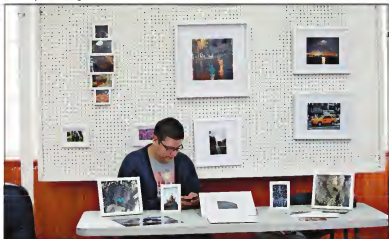
Wainfleet Night of Art: Experience Wainfleet's Artistic Side saw more than 20 artists share their passion for their town and their art on Oct. 13.



Author William Thomas spoke inside township hall during the event.



Artists displayed their work in creative ways.



Craig Kellmann's photography exhibit

Supplied photo

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■ ourview

Rumours of Grits' demise dead wrong

Can Canadian Liberalism survive? Is the party over? The times are clearly dire, for Canadian Grits. One need only to survey newspaper opinion pages to know this is so.

(There has been) a new round of media and public speculation about the imminent collapse of Canadian Liberalism," wrote one respected analyst in the National Post. "The Liberal party (is) dying ... the future (will) reveal Canadian national politics as a two-party struggle between the Conservatives and the NDP," the Post declares in another column.

"(Liberals are) likely to undergo further factional fighting as prospective contenders try to build support for their leadership runs," declares a Maclean's cover story. Liberals are "essentially rudderless," yet another Post columnist writes. "(The Grits) failed to modernize and reposition the Liberal party."

The columnist quotes a former national director of the Liberals: "The Liberals didn't know where they were going, and still don't. And so on, and so on. Everywhere you look, it seems, the story is the same.

Not quite. The first round of guesses, above, were taken from Canadian newspapers from 1985, shortly after the federal party's drubbing in the September 1984 federal election. The other quotes come later, in and around 1989 and 1990.

In the years that shortly followed, the Conservative party was reduced to two seats, and the Liberal Party of Canada commenced an extraordinary hat trick of majorities. In Ontario and Quebec, too, Jean Charest and Dalton McGuinty would go on to lead their respective parties to decades-long runs in power.

Liberals are used to this. But despite getting it wrong in the mid-'80s, the late '80s, and a decade ago, the crepe-hangers are back at it. They were wrong before, and they are wrong now. In a country as big and as diverse as this one, one-size-fits-all political ideology — as favoured by the Conservatives and the NDP — doesn't work. Canada, and Canadians, swing left and right, as the circumstances warrant.

warren.kinsella@sunmedia.ca

■ I'VE BEEN THINKING

Jesus fulfills everything and everyone

INTERIM PASTOR GARY TOMIUCK
Wainfleet Christian Congregational Church

The Word (Jesus) became flesh and made His dwelling and tabernacled among us. John 1:14. This is a short study which emphasizes the importance of the tabernacle articles and how they are all fulfilled in Christ.

Walk with me now into the courtyard and the first article you would come to would be 1. The Bronze Altar. Like every

other furnishing it had poles made with which to carry it from place to place. It was nearly 8' wide and 5' tall. It was a giant square grill whose fire was always burning. This was used constantly for sin offerings. And most importantly on the

Day of Atonement once a year when the High Priest offered sacrifice for His

own sins and then for the sins of Israel. By placing

His hands on the head of the animal their sins were imputed to it and it became their substitute.

Jesus was slain and laid upon the cross which was in effect an altar. He became our sinless substitute. His blood is more

potent, is more valuable and it is a one time final sacrifice for all. The next article you would come to would be 2. The Bronze Laver.

This was a basin filled with water. The priest's would have to wash continually to be holy and clean from their sins less they

die. And who was more Holy then Jesus—Holy Holy Holy is the Lord God Almighty. If the Bronze Altar declared the sinner justified the Bronze Laver made him sanctified. And Jesus is to an infinite degree our justification and our sanctification. As you keep on walking you would see a thick veil separating

the Holy Place from the Tabernacle courtyard. And in this first room stood the Golden Lampstand. This was like a golden candelabra standing about 5' tall with one central shaft broadened out at the bottom to form a base. Six branches spread out from here, three on each side. This lampstand was beaten out of pure gold. It was made from a single talent of gold and weighed about 75 lbs. The top of each branch was designed to hold a lamp. The Priests were to burn pure olive oil 24 hours a day. This lampstand foreshadowed Jesus The Light of the World.

Behind this first curtain was 4. The Table of Showbread. This was a small table overlaid with gold to symbolize fellowship between God and His people. On this Table was the bread of presence which were 12 loaves, 3 rows of 4 loaves each. The Priests symbolically offered up the people to the Lord.

Jesus is the Bread of Life who came down from Heaven. His flesh is food as

■ COLUMN

Recent news doesn't sit well in my stomach

When Justin Bieber threw up on stage — and not to be outdone, Lady Gaga vomited four times on stage — you just knew that recent news would not be normal.

Proving once again that everything including partially digested food is fodder for the famous, Lady Gaga twittered: "Check out Lady PukeGaga doing Swan 'Vomit' Love."

I have no idea what that means, but I'll bet the food concessions took a real hit. Los Angeles teenagers had better reasons than the flu and bad nerves to blow lunch — they were hospitalized for drinking hand sanitizer.

Doctors confirm that there's enough alcohol in a bottle of cleansing lotion to produce a shot of hard liquor. Apparently these kids aren't old enough to buy aftershave.

Oddly none of the very rich Brits who paid \$305 to dine on live black ants served on a cabbage leaf with a dollop of cream — hurled. "Like lemongrass with a bit of a crunch," was how one diner at Claridge's described the appetizer.

Tip — do not become distracted with dinner conversation while eating live ants. If they get off the plate and into your



WILLIAM THOMAS
HUMOUR

pants, the evening is over.

In an unrelated story — I am not making any of this up — the Ben Siegel Reptile Store in Deerfield Beach, Fla., held a cockroach eating contest in which the grand prize was a python.

Edward Archibald, age 32, won the contest but died shortly afterwards.

Although an autopsy has not yet revealed the cause of death, you have to be careful when you're eating vermin, not to get a bad one.

Last week's food and beverage news that would have had me driving the porcelain bus was Denver's Wynnkoop Brewing's introduction of Rocky Mountain Oyster Stout — a dark ale containing Prairie Oysters or as they're more commonly called, bull's testicles.

Man oh man, I don't even like it when they put a slice of lime in my Corona. Just curious — are they waiting at the

bottom of the glass for you or do you 'boil' for them at the top?

Wang Xue, a 22-year-old Chinese woman was a tad hungry when her boyfriend presented her with a specially baked muffin. She wolfed it down in one gulp.

On the way to the hospital, Xiao Li explained to her that the gold engagement necklace had been baked inside the muffin.

We're about to find out which gender has the most willpower in the country of Togo as the women are refusing to have sex with their husbands until they come across, sorry, until they join them in forcing President Gnassingbe to resign.

I'm betting Gnassingbe there is gone by the end of the month.

And Solenne San. Jose of Bordeaux opened up her monthly phone bill to learn she owed Bouygues Telecom 11,721,000,000,000 Euros. Thankfully the Euro is at its lowest value in years, otherwise she would have never been able to pay it off.

Good Lord, \$15 quadrillion for a phone bill. And I thought my sister Gail was chatty!

see **WILLIAM THOMAS** | page 5

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■ WILLIAM THOMAS

Eat the ants, but pass on the roaches

FROM PAGE 4

Police in Lethbridge, Alta., looked quite proud of themselves at the press conference when they announced they had ripped up and burned 1,624 marijuana plants.

Not so proud when the plants turned out to be very rare and very expensive Montauk daisies.

Police response: "Oopsydaisy," And Jami Lynn Toler, a 27-year-old woman from Phoenix, Ariz., was arrested for pretending to have breast cancer in order to raise money to buy breast implants.

Ronald Boyce, a dentist in Winnipeg, was fined \$10,000 for pretending to do dental work in 105 cases, but actually performing nothing at all.

And a Miss Teen America contestant, when asked why 50% of Americans can't find America on a map answered: "A shortage of maps?"

And in news I found quite shocking, an American writer by the name of Jerry Ficher has sold more than 350,000 Amish romance novels. Honest.

If that's not the toughest ticket in the writing business, I don't know what is.

"Beckdel was driving when Hannah seductively ripped off her bonnet and undid the top two buttons of her cape. His heart raced as he dropped his straw hat to the floor and placed a nervous hand on her knee. Then the horse farted and the romantic mood inside the buggy went kinda cold."

(Sorry, that's the best I could do.) So what did we learn from this week-long festival of whinnies?

Well, don't smoke the daisies, don't drink the Purrell, eat the ants but pass on the roaches and if something floats to the top of your beer well, you're on your own with that one.

I know what you're thinking. A world gone off its nut is driving people to seek solace in spiritual experiences like Buddhism, meditation and karsoke night at the Belmont Hotel.

Is there nothing we can hold onto as truth and light and meaning?

Yes.

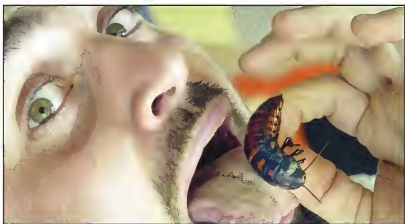
At the end of the week I spotted a bumper sticker that made a clear statement of hope and redemption, a philosophical precept which I believe could bring world peace.

"What if the Hokey Pokey IS what it's all about?"

We could all do worse than worshipping the Hokey Pokey. The Hokey Pokey is the new religion — no secrets, no wars, no guns, no Guns N' Roses. And that's what it's all about.

C'mon now, all together ... "You put your left foot in, you take your left foot out. You put your right foot in and you shake it all about ..."

For comments, ideas and copies of *The True Story of Wainfleet*, go to www.williamthomas.ca.



Of cockroach eating contests and baring celebrities, recent weeks' news had the potential to make readers question the world's sanity.

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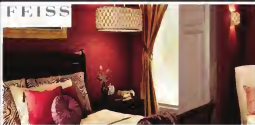
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■ DOWNTOWN BIA

Harvest Festival a success

For InPort News

PORT COLBORNE — Downtown Port Colborne celebrated Thanksgiving weekend with sidewalk sales, and various activities throughout the downtown core, with the second annual harvest festival.

The event put on by the Port Colborne Downtown BIA, featured pony rides, a craft area; free photos by Baggio Pharmacy, with a backdrop created by the Mill Greenhouses; TD Monster Munch; the Port Colborne fire departments ladder truck; The Music Depot students performing; and scarecrows new to the theme of various businesses.

The event drew about 1,000 people to the downtown area, and the sidewalk sales, and promotions didn't disappoint the festival goers.

"This year was cooler than last year, but the attendance was up from last year. But, being our second year, people were looking forward to it again this year," said Rosemary Polson, marketing chair for the BIA.

"It was great to see our downtown area so busy, and it was great to have an event spread throughout the area," she stated.

The scarecrows were a new addition this year, and very popular.



FOTOLOIA

The second annual Harvest Festival in downtown Port Colborne was a success, and newly-added scarecrows were a popular draw.



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■ **GLOBAL AID:** Birthing kits being assembled by Zonta Club

Helping moms in Haiti

MARYANNE FIRTH
InPort News Staff

PORT COLBORNE — Imagine, helping to deliver babies from half-way around the world.

That's what members of the Zonta Club of Port Erie Area are doing, with the help of two Port Colborne doctors.

see **GLOBAL AID** | page 8



MARYANNE FIRTH Staff Photo

Doctors from Mapleview Medical Clinic in Port Colborne donated a wealth of medical supplies to the Zonta Club of Port Erie Area on Wednesday. The supplies will be included in birthing kits put together by the club that will be shipped to Haiti later this year. Pictured from left are Zonta vice-president Maria Aliberti, Dr. Jeff Remington and Dr. Vanessa Ashworth.

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RINGWORM

Ringworm is a common name for fungal skin infections. These types of infections are also referred to as tinea. They affect approximately 10% to 20% of the population. Ringworm appears as rings or round red patches with clear centers and red, scaly borders. Tinea can affect the scalp, nails, or skin.

Management for superficial fungal infections involves some simple non-drug methods, and over-the-counter remedies in the form of sprays lotions and creams. Affected individuals should try to reduce moisture in the affected area. Loose-fitted clothing made of cotton or material that absorbs moisture should be worn. The skin should be dried completely before covering with clothing. If the infection involves the feet, flip flops should be worn with bare feet to prevent spread to others and reinfection.

There are also many topical antifungal agents available. Examples include *Canesten cream* (clotrimazole), *Nizoral shampoo* (ketoconazole), and *Monistat-Derm* (miconazole), to name a few. Creams and solutions are useful because they can be rubbed into the area. Solutions work in hairy areas because they are easier to apply. Powders can serve as useful additions to creams and solutions. They are helpful when the infection is wet or oozing, or where a drying agent is needed. When applying the antifungal product it should be applied to the lesion as well as one to two inches around the lesion. The antifungal should also be used for one to two weeks after lesions clear to reduce the rate of recurrence.

Patients who have diabetes, or those whose immune system is suppressed may need prescription oral therapy. It is best for your doctor to assess these fungal infections. Fungal infections of the nail are also resistant to over-the-counter treatment.

There are some home remedies for treating nail fungus. Patients have tried applying *Vicks VapoRub* and tea tree oil. There is not a lot of evidence to suggest the efficacy of these products for this condition, however some people may wish to try them before resorting to an oral medication.

If you think you may be affected by a fungal infection there are a number of treatment options available. Most issues can be resolved with some persistence and the proper product. Please speak to your pharmacist about what option is best for you.

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■ GLOBAL AID

Birthing kits to Haiti

FROM PAGE 7

The club, which works to advance the status of women worldwide through service and advocacy, has embarked on a project to assemble 1,000

birthing kits that will assist women in Haiti during their deliveries.

Each kit contains basic items such as a plastic sheet for the mother to lie on, soap, latex gloves, sterile scalpel blades to

cut the umbilical cord, gauze squares and umbilical cord ties.

Dr. Vanessa Ashworth and Dr. Jeff Remington, both of Mapleview Medical Clinic in Port Colborne, were eager to jump on board when they learned about the project.

They have donated 1,000 pairs of examination gloves, 4,000 packages of gauze and 1,000 sterile scalpel blades.

"Women and nurses in the Third World are just ecstatic about the whole thing," said Zonta Club vice-president Maria Alberici.

This is a project the club has taken on the past and intends to continue to pursue in the future, she said, while thanking the generous donors like Ashworth and Remington who make the project possible.

The kits will be assembled toward the end of November and then shipped off to Haiti soon after.

Donations of medical supplies as well as large resealable zipper storage bags to hold the supplies, are still needed. Anyone interested in assisting can contact Alberici at 289-241-6212 or e-mail malesroz@hotmail.com.

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The personal information gathered is collected under the authority of the *Liquor Licence Act*. The principal purpose of the collection is to assess eligibility for the issuance of a liquor sales licence. Copies of all objections are given to the applicant. The information may also be disclosed pursuant to the *Freedom of Information and Protection of Privacy Act*. Questions about this collection should be directed to the Manager, Licensing and Registration, Alcohol and Gaming Commission of Ontario at the address, telephone numbers or e-mail address listed below.

Submissions to be sent to: Licensing and Registration, Alcohol and Gaming Commission of Ontario, 90 Sheppard Avenue East, Suite 200, Toronto, ON M2N 0A4.
Tel: 416-326-8700 OR Toll-free in Ontario: 1-800-522-2876.
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Pour des renseignements en français concernant cette annonce, veuillez écrire à : Direction de l'inscription et de la délivrance des permis, Commission des alcools et des jeux de l'Ontario, 90, rue Sheppard Est, bureau 200, Toronto, ON M2N 0A4. Tél. : 416 326-8700 ou 1 800 522-2876 (interurbains sans frais en Ontario). Téléc. : 416 326-5555. Courriel : licensing@agco.on.ca

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National Business Women's Week

October 21 to 27, 2012

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National Business Women's Week, held from October 21 to 27 this year, will once again honour the contributions of female entrepreneurs. Many of these women, who are a huge source of inspiration for the next generation, do not believe in grounding their business models on the way men conduct business but instead promote their own values.

For many years business women had to subliminate their personalities and strive to think like men in order to be accepted in the business world. Nowadays, however, they are able to follow their own creative drive and be successful without having to betray their own values. This can be attributed to the efforts of past generations of successful female entrepreneurs.

But what is meant exactly by "feminine" ways of doing business? A good example is networking and communicating. Indeed, in this era of globalization centred on knowledge and communications, business can no longer be conducted as it used to be. Networking is vital in order to meet the new challenges facing entrepreneurs, both men and women.

Women do not have the same way of exercising their power either. Unlike the pyramid title of hierarchy so representative of masculine values, women wield their power less authoritatively and give fewer orders, preferring to implement their power in a more indirect manner. In this way, when a conflict situation arises, many women will try to bring the parties closer together in order to find a win-win solution.

During National Business Women's Week, let's celebrate the way that today's women do business, as well as the positive result that their style has on the economy and society as a whole.



Networking is vital in order to meet the new challenges facing entrepreneurs, both men and women.

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MARYANNE FIRTH Staff Photo

John Cross and sister Nadine Wernham are pictured near the grave of their father, Harold Cross, and recently deceased mother, Betty Doris Cross, at Overholt Cemetery.

■ **OVERHOLT CEMETERY:** City working to improve burial records in Bethel

Graveyard concerns

MARYANNE FIRTH
InPort News Staff

WELLAND — The death of a loved one is never easy.

When Betty Doris Cross died in August at the age of 94, her family, with heavy hearts, began making funeral arrangements.

John Cross and Nadine Wernham planned to have their mother's ashes buried in a family plot at Overholt Cemetery in Bethel under the same grave marker as their father Harold Cross. This is exactly what happened on Aug. 10.

But before Mrs. Cross could be laid to rest, a very significant issue came to light.

The cemetery, which the City of Port Colborne had taken over administration of only one week before, did not have complete records of the burials on site.

This was learned after the grave of Harold Cross, the only Harold Cross on record at the 3rd Concession Cemetery, was prepared for the interment of Mrs. Cross's ashes.

When her family arrived for the service, they realized the wrong plot had been readied. Though it was the plot of a Harold Cross, the only one on cemetery record, it was not that of Mrs. Cross's husband.

After informing onsite staff of the issue and directing them to the right location, a plot marked with both Mr. and Mrs. Cross's names, the family learned the correct plot would be prepared later that day.

Cross and Wernham returned to the cemetery later that evening and learned their mother's ashes had been interred prior to their arrival.

Wernham feels as though the city should have contacted her family prior to the interment taking place.

"We don't feel like we have closure," she said, adding she feels as though she didn't have an opportunity to properly say goodbye.

"This has been very, very hard," she said, while visibly upset.

Taking issue with the circumstances, the brother and sister contacted the city in hopes of finding some resolution.

Meeting with chief administrative officer Bob Heil, the pair learned the city, as a good will gesture, was willing to waive the \$200 cost of opening and closing the grave.

While city administration was sympathetic to the situation, Cross felt further action should have been taken to compensate for the incident.

"We want them to accept responsibility," he said.

If the city was aware the records were incomplete, they should have taken extra precautions to ensure burials following Port Colborne taking ownership were performed correctly, he said.

The city, however, has indicated they were not aware of the status of the records prior to the incident occurring.

see CEMETERY | page 15

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■ CEMETERY

City surveying entire graveyard

FROM PAGE 14

In response, Cross wrote a letter to city council detailing the situation and asking for compensation due to the stress he says the incident caused during the difficult time.

Council reviewed the letter during an in-camera meeting

on Aug. 27 and determined no further compensation would be given.

As the city was not aware of the condition of the records, Heil said there was "no wrongdoing" on the city's part.

"When the family got there, we had dug on the Harold Cross grave — the only one we had records of," he said.

Once it was brought to the city's attention that a second Harold Cross was buried in the cemetery, the correct grave was dug and the ashes of Mrs. Cross properly interred, he said. It is not uncommon, he added, for plots to be filled following the service after the family has left.

The family has received the city's response, Heil said. "If they want to file a legal claim, that's their right. There was no damage here and everything was properly and appropriately looked after once the family identified where (the urn) was supposed to be buried."

Now knowing the status

of the records, the city has begun conducting a survey across the entire cemetery and has frozen all burials, Heil said.

Burials will only take place on site if family and the rightful holder of the burial rights can confirm the location, he added.

Heil said the city was not

required to contact family of the individuals whose grave was incorrectly dug up during the August incident. Because the burial was for an urn, the contents of the grave were not impacted, he added.

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■ SPECIAL VISITOR: Former Olympic boxer Mike Strange meets students

Kids encouraged to Knock Out Cancer

 MARYANNE FIRTH
 InPort News Staff

PORT COLBORNE — With gloves up and determination in his eyes, Dylan Brittain threw a mean right hook.

The fifth-grader offered up a solid punch as the entire student body at St. Therese Catholic Elementary School looked on.

His motivation came from the words on his target — Knock Out Cancer — and the words offered up by local hero and former Olympic boxer Mike Strange.

Strange, a Niagara Falls native, visited the Port Colborne school recently to share

his inspirational journey — both in and out of the boxing ring.

In July, he completed a daunting 3,200-kilometre run to support the battle against childhood cancer.

St. Therese students followed the journey with bated breath as Strange moved from a small town near Thunderbay to Victoria, B.C.

Using a large map posted in the school's hallway, the youngsters tracked his every move and missed money through various spirit days to support his cause.

 see **KNOCK OUT CANCER** | page 17

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■ KNOCK OUT CANCER

Strange shares cross-country story with students

FROM PAGE 16

With Strange now back in Niagara, principal Bonnie Tkac-Feetham felt it fitting to invite him to share his inspirational story, which

she feels shows youths there are heroes in the world and in the community to look up to.

Strange gave a detailed account of not only his trek across the country,

but of his quest to become an Olympic boxer, which began in his high school days.

He stressed the importance of setting goals for yourself and striving to

meet them, no matter how challenging they may seem.

Following his presentation, Strange took the time to meet with students, sign autographs and even pose

for photos near the map that tracked each mile of his journey.

He thanked the students of St. Therese for their support, which he says helped to motivate him to reach

the finish line.

For more details on Strange's historic run, visit www.boxrun.ca.

maryanne.firth@sunmedia.ca
Twitter: @mfirthTribune



MARYANNE FIRTH Staff Photo

Former Olympic boxer and Niagara Falls native Mike Strange looks over a map of his cross-Canada run alongside Kody MacRae, a student at St. Therese Catholic Elementary School.

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VICTORIA GRAY Staff Photo
Petty Officer Aaron Olm of the Royal Canadian Sea Cadet Corps 125 Renown in Port Colborne, left, helps to accept the Philip C. Gainham Memorial Award from Philip Gainham.



VICTORIA GRAY Staff Photo
Petty Officer Olivia Kolacz of the Royal Canadian Sea Cadet Corps 125 Renown in Port Colborne helps to accept the Philip C. Gainham Memorial Award from Jim Green for the cadets' dedication to community service.

■ **HONOURS:** Philip C. Gainham award bestowed

Cadets of Renown rewarded

VICTORIA GRAY
InPort News Staff

PORT COLBORNE — Philip Gainham takes pride in passing on the memory of his name-

sake uncle to Niagara cadets.

On Wednesday night he and his grandparents, Jim and Charleen Green, passed that memory on to Royal Canadian Sea Cadets 125 Renown in

Port Colborne by awarding them the Philip C. Gainham Memorial Award at its hall on Killaly St. E.

see CADETS | page 20

In The NEWS

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CADETS

Reward bestowed for community participation

FROM PAGE 19

Petty Officer Olivia Kolacz accepted the keepsake trophy from Jim Green and said it was an inspiration.

"It's a huge accomplishment and it's very rewarding for such a small corps to get the award," she said.

The cadets received the award because of their dedication to the community. Over the year the cadets participated in 27 community events, including the FINA World Junior Open-Water Swim Championships, Santa Claus parades in Welland, Port Erie and Port Colborne, rowing competitions and much more.

The Renown cadets are the 35th recipients of the award. When they were stationed in St. Catharines 35 years ago they

were the first unit to receive the award.

Green said the award helps him remember his son and keeps his memory alive in Niagara. Almost 40 years ago Philip Gathman died of spinal cancer at the age of 23. He was an officer in the Royal Canadian Navy and an air cadet in Niagara as a child.

"It's our way of thanking about him all year round," Green said.

Lieut. Terry MacNeil said community service is a large part of the local cadet program.

"It helps the cadets see that what they do does make a difference in the community."

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This position requires a vehicle.
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A800

General Employment

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Port Colborne-Welland

Inspiring Possibilities

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Providers can be single people, couples, or families, educational qualifications in a relevant discipline and/or previous experience working with people with Intellectual Disabilities are an asset, but not necessary. Monetary compensation, case management and ongoing training will be provided.

For more information please contact
Julie Holmes at 905.835.8941 ext.123
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A810

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be required and must be obtained within 60
days of employment.
Comfortable learning new computer skills will be
required to operate in our software program.
The successful candidate must be a team player,
friendly, pay great attention to detail, have
excellent organizational and communication skills.
We contact only candidates we wish to interview.
Thank you for your interest.
Please email resume and a cover letter to albert@fecoyne.com

A800

General Employment

For more information please contact
Julie Holmes at 905.835.8941 ext.123
or email jholmes@clcanada.com

Registered Insurance Brokers of Ontario License
considered an asset at time of hire, however it will
be required and must be obtained within 60
days of employment.
Comfortable learning new computer skills will be
required to operate in our software program.
The successful candidate must be a team player,
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Notices

A910

Notices

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General Employment

A900

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Notices

A910



**NOTICE TO CREDITORS
OF THE ESTATE OF
ADELENE STANTON
WELLAND, ONTARIO
WHO DIED ON OR ABOUT
OCTOBER 2, 2012**

TAKE NOTICE that all persons having claims against the estate are required to send to the under named, their names and particulars of their claims on or before the 16th day of November, 2012. After which date the estate will be distributed having regard only to the claims of which the Estate Trustees then have notice.

Dated this 9th day of October, 2012

Rita Bruzesse and Leo Bruzesse
Estate Trustees
by their solicitors
LANCASTER BROOKS & WELCH LLP
P.O. Box 67
Welland, Ontario
L3B 5N9



**NOTICE TO CREDITORS
OF THE ESTATE OF
RICHARD JOHN KNOLL,
FONTHILL, ONTARIO
WHO DIED ON OR ABOUT
MARCH 22, 2012**

TAKE NOTICE that all persons having claims against the estate are required to send to the under named, their names and particulars of their claims on or before the November 23, 2012, after which date the estate will be distributed having regard only to the claims of which the Estate Trustee then has notice.

Dated this 11th day of October, 2012

Donald Tait
Estate Trustee
by his solicitors
LANCASTER BROOKS & WELCH LLP
P.O. Box 67
Welland, Ontario
L3B 5N9

Many Thanks

The Northland Points Golf Tournament Committee would like to thank all participants, sponsors and supporters who contributed to the success of our Annual Golf Tournament held August 22, 2012 at Whisby Run Golf Club.

The Raffle winners are:
Sue Gribbin: iPad
Alice Comeau: BBQ
Nathan Libertin: Bucket of Beverages

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A920



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A910

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STUDENTS HUNT AT HOME DEPOT



Grade 9 Lakeshore Catholic High School students built bird houses (left) and had a scavenger hunt at Niagara Falls Home Depot recently. Above, student Dante Magazzini, left, stands with pool sales associate Brad Vermolen.

Supplied photos

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Leaf Source

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"It works! I'll take another two bottles please!"

This coming from a customer who had tried every other natural remedy under the sun in the past few years to take away her pain. Ian, the owner of The Healthy Cupboard couldn't believe his ears. He had finally found the perfect product to stop his customer's miseries. This is what every owner of a health food store dreams about, a natural product that receives so many outstanding testimonials on such a wide variety of health issues. "I had recommended a new product called LeafSource, which we recently started carrying. We have had tremendous success with this product, and almost everyone we have recommended it to over the last few months has come back and thanked us over and over again!" said Ian. Before trying LeafSource, the woman had complained about her ongoing joint pain and was at her wit's end. Although she had experienced some relief through the numerous natural remedies she had tried over the years, the pain would never fully go away. "She returned to my store, in tears, less than one week after buying LeafSource. I didn't know what to make of this woman standing in front of me crying, until she told me that within a few days of taking LeafSource her pain started to disappear and within a week it was completely gone - as if it was never there," Ian goes on, "This coming from a woman whose painful joints and ongoing sciatica were so bad just one week earlier, that the pain was unbearable but now has completely subsided." By now you are probably wondering what is LeafSource and why is it so effective? LeafSource is a 100% natural product derived from a proprietary organic mineral composite with over ten years of university research. LeafSource helps regulate the inflammatory process and the body's ability to repair itself. The vast majority (70 - 80%) of the population over the age of 50 have joint problems — often called osteoarthritis. This is due to the natural (or unnatural) wear and tear on joint tissue that develops through the aging process. With joint inflammation, movement is limited and pain can be constant. LeafSource seems to have the ability to help people get their mobility and zest for life

back. Millions of people seek treatment for their joint and inflammation problems by resorting to expensive, toxic prescription drugs (i.e. NSAIDs) with multiple side effects. These range from nausea and vomiting to serious intestinal disorders (bleeding, gas, pain) and even kidney and liver failure. Isn't that too large a price to pay for a little pain relief? LeafSource is a safe alternative to these destructive anti-inflammatory drugs that cause more problems than they solve. There are absolutely no side effects and it doesn't interfere with any other medications. Controlled experiments and observations have revealed that LeafSource is a potent anti-inflammatory that has been shown to bring a reduction to inflammation and pain within a few days. People notice great results in terms of more energy and less pain by taking anywhere from 2 to 6 capsules/day. Typical maintenance is usually 1 capsule twice daily. This product gets results! LeafSource is scientifically validated through more than 10 years of research at 4 universities, including the Department of Pharmaceutical Sciences, Mercer University. Aside from its incredible anti-inflammatory and pain reducing ability, it has also been shown to improve the performance of your daily nutrition and vitamin programs. It helps increase the absorption of vital nutrients, which in turn helps these nutrients work better. Better absorption = better results! It's almost as if they have become supercharged! LeafSource has also been shown to help enhance energy levels, improve intestinal health, strengthen hair, skin and nails and improve immune function. To see someone go from intense pain to a new lease on life within a week is truly incredible. Imagine being able to move freely without pain. Who wouldn't want to get out of bed in the morning with more energy? It's amazing how much of this stuff we take for granted, until it's gone! Ian adds, "I often recommend that LeafSource be taken with other natural joint products in order to help them work better and provide even faster relief. One of the things I hear most often from people who have tried LeafSource is they just plain feel better, have more energy and less pain. We're so confident, we guarantee LeafSource 100%! That alone should be enough to try this incredible product."



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